

Our Core Values

The approach offered by CRYS is such that it ensures that its work is:

- **Respectful of young people** and founded on a belief that young people can respond to the issues facing them
- founded on the **needs of young people** themselves and a commitment to ensure their safety and wellbeing
- about **establishing and maintaining positive relationships** with the young people we engage
- Informed by a commitment to provide **skilled specialised services to young people at risk**
- Underpinned by the principle of **voluntary participation of young people**
- **Inclusive** of all young people and strengthened by diversity
- Based on **continually improving quality** in order to develop best practice
- Underpinned by **mutual respect** between colleagues, clients, parents and external agencies
- Founded on **team work and a professional approach** to our work encompassing openness and support between colleagues
- Enhanced by a **positive approach** and pride to our work, a passion for making things better and a good sense of humour where needed!
- Based on a **commitment to working in partnership** with external agencies

CRYS has the following projects:

- New Oak/ Tullow Road Youth Project
- Graiguecullen Youth Project
- The YARC Project
- County Carlow Drugs Initiative
- Carlow Garda Diversion Project
- Carlow Youth Sports Development Project
- The Vault Youth Project
- Tullow Youth Project
- Bagenalstown Youth Project
- Follaine Counselling Service
- DSP Community Employment Programme



Carlow Regional Youth Service
Youth Work Ireland
Est. 1988

“We work to empower young people to achieve their potential through quality youth work.”



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Montgomery House,
Athy Road,
Carlow.

Tel: 059 9130476
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Email: carlowys@iol.ie
Website: www.carlowys.ie

- **Follaine Counselling Service**

The Follaine Well-being, Counselling and Support Service provides a confidential counselling service for young people from 13-18 years to help them come to terms with problems in their lives.

Tel: 085 2780307

- **New Oak/ Tullow Road Youth Project**

The New Oak/ Tullow Road youth project provides a variety of different services for young people aged 8-18 years on the Tullow Road area.

Tel: 059 9168008 / 086 8054601 / 085 7897279

- **Graigucullen Youth Project**

The Graigucullen youth project offer programmes influenced by young people, with emphasis on social and personal development. Open to young people aged 8—18 in the Graigucullen area.

Tel: 085 7897339 / 059 9164757 / 059 9114080

- **Carlow Youth Sports Development Project**

To use sport and physical activity as a catalyst to steer young people towards joining new clubs, education, training, volunteering, and employment.

Tel: 085 7897288

- **DSP Community Employment Programme**

Clerical, administration, reception work, afterschool, youth support work provide much needed assistance to the Youth Service and opportunities for the employees to gain valuable experience and training in different area.

Tel: 059 9130476 / 085 2101494

- **Carlow Garda Diversion Project**

The aim of the Hub Garda Youth Diversion Project is primarily to engage with referred young people through various medians.

Tel: 085 7132751 / 086 7713793

- **The Vault Youth Project**

The Vault is a Youth Centre that has many services available to Young People of secondary school age from Drop-In, Comhairle na nÓg, group work, issue based programmes and music programmes.

Tel: 059 9133714 / 085 1397397 / 085 2722379 / 086 1449917

- **Bagenalstown Youth Project**

Bagenalstown Youth Project, was set up for young people aged 13-18 offering programmes that are fun, supportive and educational in their local area.

Tel: 087 6695876 / 086 1449917

- **County Carlow Drugs Initiative**

This Project aims to provide information and support to people affected by substance misuse.

Tel: 085 7897303 / 085 1391701

- **The YARC Project**

The Y.A.R.C. Project aims to provide support and advocacy for young people in order to recognise, manage and reduce 'at risk' behaviour.

Tel: 059 9133714 / 086 1302943 / 086 7716597

- **Tullow Youth Project**

Programmes, and Drop In that are designed to meet the needs of the young people in Tullow.

Tel: 085 8338732

